

Advanced Neuromuscular Therapeutics  
Medical Massage Therapy Clinic

**CONFIDENTIAL CASE HISTORY**

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
CITY, STATE, ZIP: \_\_\_\_\_  
AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ OCCUPATION: \_\_\_\_\_  
PHONE: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_  
REFERRED BY: \_\_\_\_\_ Email: \_\_\_\_\_  
Have you had a professional massage before? \_\_\_\_\_ What type of pressure do you prefer? \_\_\_\_\_

**CURRENT HEALTH**

Present Symptoms (your major complaint): \_\_\_\_\_  
\_\_\_\_\_

Date of Injury: \_\_\_\_\_ When did symptoms start? \_\_\_\_\_

In a few short words, describe the accident: \_\_\_\_\_  
\_\_\_\_\_

Were you wearing a seatbelt? \_\_\_\_\_ Did the airbag release? \_\_\_\_\_ Standard or automatic? \_\_\_\_\_

What activities/in-activities aggravate the symptoms? \_\_\_\_\_  
\_\_\_\_\_

Current Therapies? (PT, DC, etc...) Yes \_\_\_\_\_ No \_\_\_\_\_ Where? \_\_\_\_\_

Frequency? \_\_\_\_\_

Minor complaints (other areas of pain or concern RELATED to the injury): \_\_\_\_\_  
\_\_\_\_\_

Does this affect your sleep pattern? Yes \_\_\_\_\_ No \_\_\_\_\_ Is it hard to go to sleep? \_\_\_\_\_

Do you have interrupted sleep? \_\_\_\_\_ Is it hard to get comfortable? \_\_\_\_\_

Describe your most comfortable sleeping position: \_\_\_\_\_

Do you feel your pillow is supportive? \_\_\_\_\_ Your mattress? \_\_\_\_\_

Date of X-rays \_\_\_\_\_ Date of MRI \_\_\_\_\_

WOMEN only: Are you pregnant? \_\_\_\_\_ If yes, what month? \_\_\_\_\_ Pregnancy # \_\_\_\_\_

Are you taking any of the following? Circle all that apply:

Anti-inflammatories      Muscle Relaxers      Pain med's      Sleeping pills      Aspirins

Anti-depressants      Insulin      Any Injections? \_\_\_\_\_

Prior to this visit, have you received treatment for this injury? (describe) \_\_\_\_\_  
\_\_\_\_\_

**CURRENT SELF CARE**

Have you or are you using/doing the following?:

Ice Packs? \_\_\_\_\_ Heating pad? \_\_\_\_\_ Epsom soaks or compresses? \_\_\_\_\_ Stretching? \_\_\_\_\_ Ibuprophen \_\_\_\_\_

If yes, describe \_\_\_\_\_

On a scale from 1-10 (10 being high) how high is your stress level? \_\_\_\_\_

(work, family, relationships, car, money....etc)

How long has your stress been like this? \_\_\_\_\_

Weekly exercise Activities: \_\_\_\_\_

Weekly habits:

Alcohol \_\_\_\_\_ average per week      Coffee/Tea/Caffeine \_\_\_\_\_ average drinks per week

Tobacco \_\_\_\_\_ average per week      Water intake \_\_\_\_\_ average ounces per day

**EXPECTATIONS AND GOALS**

Briefly describe: \_\_\_\_\_

\_\_\_\_\_

Have you ever:

	Yes	No	Briefly describe
Had any operations	_____	_____	_____
Broken bones?	_____	_____	_____
Been in a previous accident?	_____	_____	_____
Had Whiplash	_____	_____	_____

Other:

Do you wear orthotics? \_\_\_\_\_ Which is your dominant hand? \_\_\_\_\_

Which pocket do you carry your wallet in? \_\_\_\_\_ Do you sit on your wallet? \_\_\_\_\_

Which shoulder do you carry your purse on? \_\_\_\_\_

**INSURANCE INFORMATION**

Insurance Company: \_\_\_\_\_ Contact: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Agent Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Attorney Firm and Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Claim Number: \_\_\_\_\_ Name of insured: \_\_\_\_\_



## FINANCIAL RESPONSIBILITY AGREEMENT INSURANCE

Please read this agreement carefully. If you need clarification with any issue, we encourage you to ask.

As health care providers, it is important for us to clarify our standard procedures for billing insurance companies and patients at the beginning of treatment, so there is no confusion of misunderstanding. If you do not understand the following, a 5-10 minute meeting must be scheduled by your third treatment to explain these billing procedures and patient responsibilities in detail. This meeting is for our protection.

I agree to give 24-hrs notice of cancellation of my appointment. I understand that my therapist will schedule a minimum of one hour for each appointment. Unfilled hours will be billed to me at the rate \$40/60 minute and \$60/90 minute.

I will keep my therapist informed of any changes in my health as they occur, including medicines, therapies, etc.

Self-care is assigned. Written instructions will be provided as to enhance your recovery. Please make every effort to participate in assigned stretching, soaks, and the use of heat or ice. Postural consideration may also be addressed.

**I understand that my insurance is an agreement between the insurance company and myself.**

I, \_\_\_\_\_, take **full responsibility** for all bills incurred for treatment.

We will assist in billing your insurance carrier; however, the responsibility of payment for services rests with the patient or guarantor. This means that, if your insurance company does not pay within 60 days of date of service, or your deductible is not met, you are required to pay immediately-no exceptions.

### **Patient Information**

All charges are determined by the therapeutic procedures performed and the amount of time spent by the therapist. Be aware that your treatment cost may vary because your insurance company determines the responsible and customary charges based on the therapeutic procedures performed and the amount of time spent. The prescription letter of referral written by your prescription letter of referral written by your prescription determines what body areas and therapeutic procedures we perform.

**For group Insurance patients**, our standard procedures and your responsibilities are the following:

1. Group insurance companies do not guarantee payment when benefit information is requested; therefore, it is your responsibility to pay for all bills that you incur if your insurance does not pay.
2. If your insurance does not cover your treatment, 100%, the co-pay is due at time of each treatment.
3. If your deductible is not met, immediate payment from you is expected.
4. All payment arrangements need to be discussed with the practice manager before treatment is received.

In the event that fees are not paid as requested, a collection agency and possible legal action may follow. If so, I will be responsible for all reasonable costs associated with the collection of such fees, including attorney and court costs.

I authorize payments to be made on my behalf to this provider for any services furnished.

I authorize any holder of information about me to release such information needed to determine these benefits or to assist in the collection of payment for services.

I authorize Advanced Neuromuscular Therapeutics/Carolyn Durham, Inc at any time I have an outstanding bill to be able to contact the insurance company for an exact dollar amount of benefits that I have left.

A copy of this agreement will be as valid as the original

**I have read and I do understand the financial agreement thoroughly.**

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Section 8: Notice of Privacy Practices Acknowledgment and Authorization Form

**Advanced Neuromuscular Therapeutics**

Effective 02/28/2011

By signing this form, you acknowledge that you were presented with a copy of the Notice of Privacy Practices of Advanced Neuromuscular Therapeutics. Our Notice of Privacy Practices provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. The most current Notice of Privacy Practices will be placed on display in the office at all times. You may obtain additional copies of our most current notice by requesting it from Carolyn Durham.

Advanced Neuromuscular Therapeutics also used protected health information for the following reasons: (you may opt out of this authorization). Special initial authorization is required and attached.

Marketing; internal referral board, testimonials, pictures on bulletin board, or information unrelated to healthcare and other marketing materials. \_\_\_\_\_ (please initial)

If you have any questions regarding this notice or our health information privacy policies, please contact:

**Carolyn Durham is the Privacy Official**

You can reach Carolyn Durham at: Advanced Neuromuscular Therapeutics, 419 West Bijou Street, Colorado Springs, CO 80905, 719-229-9235

Hours Available: A message may be left for Carolyn Durham any time the clinic is open and your call will be returned within 7 business days.

Your Email address: \_\_\_\_\_ (you may receive PHI through email)

Print Patient Name: \_\_\_\_\_

Signature of Patient/ Personal Representative: \_\_\_\_\_

Relationship of Personal Representative: \_\_\_\_\_

Date of Signature: \_\_\_\_\_

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Staff complete only if NO signature is obtained. If it is not possible to obtain the patient's acknowledgement, describe the good faith efforts made to obtain the individual's acknowledgment, and the reasons why the acknowledgment was not obtained.

- Patient refused to sign this acknowledgment even though the patient was asked to do so and the patient was given the Notice of Privacy Practices
- Other: \_\_\_\_\_

Staff Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Carolyn Durham Inc, LMT, CNMT  
Advanced Neuromuscular Therapeutics  
Medical Massage Therapy**

For and in consideration of the health care services rendered to me:

\_\_\_\_\_ /  
by Carolyn Durham LMT, CNMT and Advanced Neuromuscular Therapeutics, I hereby specifically authorize and direct my insurance carrier or my attorney: \_\_\_\_\_ to withhold out of my proceeds received from a judgment or settlement obtained for me, the full amount of the fee for services rendered to me in my care and treatment for injuries sustained by me on Date: \_\_\_\_\_. I agree to pay \$\_\_\_\_\_ co pay for each treatment, payable at the time of service, this will be deducted from the total bill.

Said professional services include those for Massage and/or Neuromuscular Therapy and all related services for professional reports and evaluations, or any other costs that may occur which have not been reimbursed, to be paid at the time of settlement or recovery. This also includes any collection attempts, fees and/or costs incurred by Carolyn Durham/Advanced NMT regarding this case. Such sum shall remitted directly to:

Carolyn Durham, LMT, CNMT  
Advanced Neuromuscular Therapeutics  
419 West Bijou Street  
Colorado Springs, CO 80905  
Tax ID#84-1570505

I full understand that I am directly and fully responsible to said health care provider for all medical bills submitted by them for services rendered to me and that this agreement is made solely for health care providers additional protection and in consideration of their awaiting payment. And, I further understand that such payment is not contingent on any settlement, judgment or verdict by which I may recover said fee.

Patient: \_\_\_\_\_  
Claim#: \_\_\_\_\_  
Address: \_\_\_\_\_  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Consent of Attorney

I, \_\_\_\_\_ Attorney for \_\_\_\_\_, have read the above and agree to be bound by its provisions.

Signature of Attorney: \_\_\_\_\_ Date: \_\_\_\_\_  
Attorney: Please sign, date and return one copy to my office as soon as possible.

419 West Bijou Street, Colorado Springs, CO 80905  
(719) 229-9235 Fax (719) 694-8170



For all clients we require a valid credit or debit card to be saved on your account. For new clients we require to have a card on file 48 business hours in advance of your appointment. In the event of a late cancellation or a no show your card on file will be charged \$40 for a 60-minute massage or \$60 for a 90-minute massage. By signing below, you agree to the terms and authorize Advanced NMT to bill your card on file for any missed appointment or late cancel.

You can provide your card information below or you can give you card information over the phone. If we do not have your card information 48 business hours in advance of your appointment, your appointment will be cancelled.

**\*If you gave your card information over the phone or in office please fill in client name, card holder name and sign.**

Gave Card information over the phone or in office: Yes \_\_\_ No \_\_\_ (If no, please fill out all fields below)

Client Name: \_\_\_\_\_

Card Holder Name: \_\_\_\_\_

Card #: \_\_\_\_\_ Exp Date: \_\_\_\_\_ CVV: \_\_\_\_\_

Card Holder Signature: \_\_\_\_\_